

## Get your favorite workout at the Rhinebeck Town Pool!



July 11 - July 29th Mondays & Fridays 5:30-6:30pm \$7 per class

Splash your way into shape with this invigorating low-impact pool party!

GET WET. GET DOWN. GET FIT!



FOR CLASS DETAILS CONTACT:

Instructor: Kathy Curry Gardinier 845-705-8077

Town of Rhinebeck Director of Recreation: Alice Cunningham 845-943-9526